

Domaine du Castellas



Le Hameau du Luberon

DISCOVERY OFFER

Le Castellas also offers, throughout the year, a program to discover Ayurveda solo, as a couple, or with friends. Guided by our certified practitioners, you will experience the benefits of personalized treatments, yoga, and meditation practices for a true Ayurvedic journey.

Program

€550*/person for 3 days

DAY 1

Body and foot massage with Kansu bowl (1h30), meditation

DAY 2

Yoga, Shirodhara treatment (1h30), sunset meditation

DAY 3

Yoga, facial massage and beauty treatment (1h30)

BY RESERVATION ONLY

*excluding accommodation and meals

Tel : 06 63 60 83 40

www.domaineducastellas.fr